

Jämtland Expedition

8 days (7 nights)



A once in a lifetime experience! Become a real "musher", run your own team of dogs and together with the guide, the dogs will take you on an unforgettable adventure. The tour takes you through breathtaking views amongst the magnificent mountains and wilderness of Sweden. We spend our days travelling with the sled dogs and the nights in tents and mountain station. The whole group helps to set up the camp at night and above all - take care of the dogs! This can be a tough adventure, but we are sure you will have amazing memories from Jämtland.

Day 1

Transfer from airport or train station to the Husky lodge. We say Hi to the dogs, and we show you how to harness the dogs, try the sleds and go through the technique. We take a look at the equipment and after a nice dinner we look at the map and pack for tomorrow's adventures.

Day 2

Early morning we pack the car and set off to the mountains, it's about 40 km drive. We start from Höglekardalen. It is time to harness the dogs and put them in the team. The dogs are excited and waiting to go...when the start line loosens and the dogs set off, it's totally quiet – at last ... let the adventure begin. The track is uphill in the beginning, you need to work as a team and assist the dogs by run and kick. We go about 3 hours before stopping for lunch & the dogs get snacks - now you should have the right "musher feeling"! Later on, when it's time to set up camp, some of us take care of the dogs and the rest put up the tent and prepare food. Whilst we are eating a nice dinner the dogs have gone to rest, and we have a nice fire going.

Day 3

Our first morning in the mountains... after the dogs and we have had breakfast, we are on our way! Today's route goes through a long mountain pass with magnificent cliffs, Lunnödörspasset. From here we go down to forest terrain and now the sled technique is

crucial. The dogs are still fresh and gets extra excited when the track turns... you never know if it's a reindeer or elk behind the next curve. We see lots of nice camp sites everywhere, and finally we choose the best one! As always the dogs are taking care of first of all.

Day 4

Today is one of the toughest phases; we have to get up on the mountain from the valley where we had our night camp. It's hard work for us and the dogs, but when we see the amazing view around us we are getting paid back. When camp is set up, we attend to the dogs to check that they are all ok. We check their paws, claws and feel through their legs and body. They get some extra snacks for good work. Together we make dinner, some of us cook and some are melt snow for water for us and the dogs.

Day 5

The weather decides what way we choose today, but we are aiming towards Sylarna, which is an impressive mountain group with steep cliffs. Storsylen is Jämtland's highest point at 1743 m. We eat lunch with Sylarna to rest our eyes on and then we head north towards Storulvån's mountain station. We check in at the station - now its time for some mountain luxury! The station has everything you need: a restaurant, store, sauna, shower and of course, a lovely bed that's yours for one night! First of all we have a 3-course dinner with local delicacies.



Day 6

Before having breakfast, we feed the dogs. They need some time to rest before running, so we have lots of time to eat breakfast buffet. We pack our things and soon we are on our way towards new adventures! The track goes in open terrain and in bad weather it's very exposed. It can change fast..... from blue sky and sun to storm and blizzard. If the visibility is low it's important to keep the group together, and it can be necessary to stop in an emergency cabin. Hard wind takes much energy from the dogs; therefore it's always the weather that decides how far the dogs take us on a day. Today's target is to go over Härjångsfjället where we are setting camp for tonight.

Day 7

When you wake up this morning you feel like a real "musher". You and the dogs have all become close friends. Today they take us through Vålådalen's Nature reserve, a very nice area with mixed terrain. At this point you are a real master on the sled so it's no problem. We stop for lunch...maybe by an open creek so you can get a taste of clean & fresh mountain water. The trip is coming to an end, now we have crossed the whole Jämtland Mountains. We take our farewell of the mountains, the car is waiting at the tourist station, and we drive back to the Husky lodge. After a shower and our last dinner together maybe we have time to take a look at all the nice pictures we taken.

Day 8

After breakfast it's time to say goodbye to the dogs, each other and Jämtland. Hopefully you will have a lot of nice memories that will last for a lifetime!



Please note: that the itinerary can be changed at any time due to adverse weather and snow conditions. We may have to change the trail or place we stay in. Client and dog safety is paramount

Cost: £1650 per person Dates: upon request Group size: 2 to 4 persons

Suitable for those with previous dog sledding experience and winter camping.

Included:

- 2 nights in double room at the Husky lodge (arrival and departure)
- 3-4 nights in tent in the mountains
- 1 night at mountain station
- 5-6 days of dog sledding
- All meals from dinner day to breakfast day 8
- English speaking guide
- Your own team of dogs with equipment
- Outer clothing (jacket, trousers, cap, gloves)
- Sleeping bag and mattress
- Transfer from/to airport or railway station
- Length of day trips between 25 to 50 km

Not included:

Flights, travel insurance, alcohol, personal expenses