

# Husky Mountain Expedition

7 days/6 nights with 1 day alpine climbing



**12<sup>th</sup> to 18<sup>th</sup> April 2010 (Monday to Sunday)**

An amazing tour in the mountain world of western Jämtland. You get a mix of dog sledding adventure, 2 countries and alpine climbing. The tour takes you up and around Sylarna, which is an impressive and beautiful mountain group with steep cliffs. Storsylen is Jämtland's highest point at 1743 metres (approx 5750ft). A mountain guide follows you on your attempt to attain the summit. This is a demanding tour due to alpine climbing and nights out in tents. The area can have unstable weather even in April. Hiking & camping experience is required and previous experience of dog sledding and winter camping recommended.

## Monday

Arrival and check in at the Husky lodge and kennels. We say Hi to the dogs, and we show you how to harness the dogs, try out the sleds and go through the technique. We take a look at the equipment, get your gear and after a nice dinner we look at the map and pack for tomorrow's adventures.



## Tuesday

Early morning we pack the car and set off to the mountains. We will start at Storulvån and we set off towards Sylarna. Hopefully it is nice weather and we will see the mountain

we are about to climb. This day we will pass Sylarna Station and set camp southeast of the mountain. Every day we set up camp it's the same procedure. First we take care of the dogs, feed them, give them a check up and prepare them for the night. Then we prepare food for ourselves, melt snow, put up the tents ... there is a lot to do before we can eat and go to sleep. Night in tent.

### Wednesday

Our first morning in the mountains... after the dogs and ourselves have had breakfast, we are on our way! Today we will go around Sylarna and pass the border to Norway. This time of the season gives us long days, and in clear weather we have enormously nice views in front of us all day. Take some time to do snowshoe walking around the camp after your chores! Night in tent.

### Thursday

Mornings in the mountains are the best ... this silence and the calm you don't find anywhere else and the coffee never tastes better. But when the dogs wake up and we are getting ready to go it's nothing like silent around the dogs anymore... they want to run! We head to Sylarna Mountain station, here we get to spend 2 nights in beds and eat at a table. Prepare for tomorrow, it's time to do some alpine climbing! Night at Sylarna mountain station.



### Friday

Today it's time to attain the summit. After breakfast you meet the mountain guide. You do the tour with snowshoes but it's possible to rent skis on the spot if you prefer that, for this you have to be a really good skier. It will be a long day with a lot of sweat, but once you reach the peak, we are sure you feel it's worth it! At 1,762 metres and located in Norway, the peak is the goal for most people, though Temple Valley is a good alternative if you want to avoid heights or if the weather worsens. The name comes from the closest sacred feeling that presents itself when you get furthest into the valley and are surrounded by steep mountain sides. A classic alpine challenge is to go and climb the Syl traverse – a ridge hike that includes several of Sylarna's peaks.



Your dog sledding guide stays with the dogs and when you arrive back at the mountain station dinner is served and you can have a nice shower and sauna. Night in cosy bed at Sylarna mountain station.

### **Please note!**

*If the weather does not allow tours to the top we arrange other activities depending on weather. This can be tours to other tops, hiking in the valley, a course in mountain safety and bivouacing.*

## Saturday

Before having breakfast, we feed the dogs. They need some time to rest before running, so we have lots of time to eat a nice breakfast. We pack our things and



soon we are on our way. We leave Sylarna and head back to civilisation. Enjoy your last day on the sled, the dogs have about 20km to run today and the tracks are normally nice and easy. I'm sure you will look over your shoulder more than once to get a last glimpse at the magnificent mountains you are now leaving. Back to Storulvån we pack all things in the car and drive back to the Husky Lodge. After a nice hot shower and our last dinner together maybe we have

time to take a look at all the nice pictures we have taken.

## Sunday

After breakfast it's time to say goodbye to the dogs, the guide & Jämtland. Hopefully you will leave with a lot of nice memories that will last for a lifetime!

<b>Duration:</b>	<b>7 days, 6 nights</b>
<b>Group size:</b>	<b>min &amp; max 4 persons</b>
<b>Fitness Level:</b>	<b>requires very good fitness</b>
<b>Cost:</b>	<b>£1825 per person</b>

### Included:

- 2 nights in double room at the Husky Lodge (arrival and departure)
- 2 nights in tent at the mountain
- 2 nights at Mountain station
- 4 days of dog sledding
- 1 day of alpine climbing with guide
- All meals from dinner day 1 to breakfast day 7
- Guide, dog sledding and mountain guide on day 5
- Your own team of dogs with equipment
- Outer clothing (jacket, trousers, cap, gloves) – please give us your sizes before the trip.
- Sleeping bag & mattress
- Transfer in the area
- Day trips between 20 - 50 km



### Not included:

Flights, travel insurance, ski rental for mountain top tour

*Please be aware that the tour can be changed the last minute due to weather and snow conditions- such as starting point, stretch, night camp etc.*